



New Leaders with Babies Podcast Launches to Support Parents Combining Family Life with Career Progression

Wednesday 02 October 2019: Leaders Plus, an award-winning social enterprise dedicated to supporting parents of young children, who wish to progress in their leadership careers, have today launched a brand-new podcast.

Leaders With Babies (<http://bit.ly/theLeadersWithBabiesPodcast>) is aimed at men and women on maternity leave, shared parental leave or adoption leave (and the three years afterwards), who are ambitious about their career whilst at the same time caring deeply about being a good parent.

Each episode features an in-depth interview with an inspiring business leader and the series is packed with essential advice, expert guidance and practical tips on progressing a leadership career alongside raising a young family.

In series one guests include Dame Helena Morrissey, a mother of 9 and Head of Personal Investing at Legal and General, Nick Wilkie, outgoing Chief Executive of the NCT and Dame Geraldine Strathdee OBE, former National Clinical Director for Mental Health, NHS England.

Guests candidly share the challenges they have overcome and the practical solutions that have helped make their positive vision for career and family life a reality.

Leaders With Babies is a must listen for any new parent who wishes to progress in their leadership career as well as for employers. Research has shown that to close the gender pay gap employers need to focus not just on retention but on career progression of new parents.

Founder and CEO of Leaders Plus Verena Hefti said of the podcast launch.

“Too often, ambitious men and women feel they must choose between pursuing a leadership career they love and enjoying their young family. It doesn't have to be this way. The Leaders with Babies podcast has been developed to help inspire and encourage new parents so that they can combine family life and career progression.”

To listen to the podcast, visit <http://bit.ly/theLeadersWithBabiesPodcast> or search 'Leaders with Babies' on all major podcast providers, including iTunes, Stitcher, Google Play and Spotify.

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Notes to Editors

- Leaders Plus is a social enterprise supporting talented leaders with young children to continue to stay on the leadership pipeline through professional development, consultancy and access to mentoring and networks.
- Research from the Office for National Statistics 2019 shows that the gender pay gap widens when women have children. The average childbearing age for a British woman is 30, the gender pay gap widens after that from 11.3% to 23.4% between the thirties and the forties (ONS 2019).
- An independent evaluation of the award-winning Leaders Plus Fellowship Programme has been shown to be making a positive impact on the gender pay gap. [Read the full evaluation here.](#)
- Contact Leaders Plus for more information on 07894320054
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